



Espresso

Flat white

Flavored latte

French press

Spiced latte

Cherry blossom

Organic peppermint

English breakfast

Organic Assam

Ginger yuzu

Darjeeling

COFFEE

Cappuccino Latte

Americano

Macchiato Mocha

HOT BEVERAGES

Matcha latte Hot chocolate

TEA

Organic jasmine pearl Health & well being green Organic wild strawberry

Organic chamomile Oolong

SYRUPS

Earl Grey

Chocolate, hazelnut, caramel, vanilla

MILK SELECTION

2%, full cream, oat, almond, coconut, soy

FRESH JUICES

Juice of the day Orange juice Green juice Tropical juice Coconut water

HEALTHY SHOTS

Turmeric & ginger

Organic apple cider vinegar Apple, beetroot & carrot

FRESHLY BREWED ICE TEA

Noir black ginger & mango, passion & vanilla

SMOOTHIES Jumby Bliss

Mango, pineapple, coconut milk

Red Light

Berries, banana, almond milk

Choco nut

Peanut butter, chocolate syrup, oat milk

From the Buffel-

SELECTION OF HOMEMADE ARTISAN **BREADS & PASTRIES**

sourdough, white, whole wheat, bagel, English muffin, multi-grain

Caribbean breads, assorted muffins, pain aux raisin, pain aux chocolate, croissant, gluten & dairy free pastries

CEREALS

homemade granola, Kellogg's cereals, assorted nuts & dried fruits

2% milk, whole, almond

HOT SELECTION

scrambled egg, Applewood smoked bacon, chicken sausage, pork sausage, pancakes

Special of the day

COLD SELECTION

fresh fruits, Greek yogurt, selection of fruit yogurt

CONTINENTAL

smoked salmon, cured & smoked meat, artisan cheese, hummus, crudités





EGGS TO ORDER **V**

Fried, poached, scrambled, boiled

CREATE YOUR OWN OMELETTE

Cheddar, feta, Swiss

Ham, turkey, smoked salmon Capsicum, tomato, spinach Mushroom, red onion, fine herbs

EGGS BENEDICT

Florentine **V** spinach

Royale

smoked salmon

Neptune

jumbo lump crab

Original

smoked country ham

Served with English muffin & Hollandaise sauce

SIDES

Applewood smoked bacon, chicken sausage, pork sausage, hash brown, mushroom, grilled tomato, avocado, spinach, skillet potatoes, baked beans, fine herbs **CARIBITES**

Ackee Salad

heart of palm, capsicum, scallions

Antiguan Breakfast

hard boiled egg, chop-up, salt fish, fried plantain, avocado, Johnny cake

SPECIALITIES

Shakshuka V

Egg, spiced tomato, black olives, arugula, bread tuille

Huevos rancheros V

Eggs, beans, pico de gallo, corn nuts, avocado, corn tortilla

Avocado toast V

Add poached egg or smoked salmon

CLASSICS

Oatmeal **V**

Blueberries, almond, sultana, honey

Blueberry Bowl W

Banana, yogurt, strawberries, oats

Buttermilk pancakes

Waffles V

French toast **v**

Buckwheat crepes **V**

SYRUPS & CREAMS

maple syrup, mascarpone, chantilly cream, honey, chocolate sauce, red berries coulis



